



## Food and Nutrition Services Approval Request Form

The Alameda Alliance for Health (Alliance) Food and Nutrition Services Approval Request Form is confidential. Filling out this form will help us better serve our members.

If you believe that your patient may be appropriate for CS medically supportive food and nutrition services, please complete the form below. Approvals are based on member eligibility.

### **INSTRUCTIONS**

1. Please print clearly, or type in all of the fields below.
2. Attach a clinical summary and/or supporting documentation (ex. clinic notes, hospital discharge summary, etc.), for medically supportive food and nutrition services.
3. Please fax or email the completed form to the Alliance Community Supports Department at **1.510.995.3726** or **CSDept@alamedaalliance.org**.

For questions, please call the Alliance Case Management Department at **1.510.747.4512**.

**PLEASE NOTE:** Handwritten or incomplete forms may be delayed. Forms submitted without supporting information may also be delayed. **This service is not covered to respond solely to food insecurities.**

### **SECTION 1: REQUESTING PROVIDER INFORMATION**

Full Name: \_\_\_\_\_ NPI: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_  
Email: \_\_\_\_\_  
Office Contact Name: \_\_\_\_\_ Date of Request: \_\_\_\_\_

### **SECTION 2: MEMBER INFORMATION**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Date Of Birth (MM/DD/YYYY): \_\_\_\_\_ Alliance Member ID #: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  Home  Cell

- Confirmed patient is not receiving duplicative support from other state, local, or federally funded programs, and has been considered first before using Medi-Cal funding.

**Does the patient consent to participating in this 12-week, medically-supportive food and nutrition program?**

- Yes  
 No

**The patient has access to** (please select all that apply):

- Microwave  
 Refrigerator

**Meal Request** (please select at least one (1)):

- Meals** – Delivered to the home: Immediately following discharge from a hospital or nursing home.
- Medically-Tailored Meals** – Provided to the patient at home that meets the unique dietary needs of those with chronic diseases. These meals are tailored by a Registered Dietitian (RD) or other certified nutrition professional, reflecting appropriate dietary therapies based on evidence-based nutrition practice guidelines to address medical diagnoses, symptoms, allergies, medication management, and side effects to ensure the best possible nutrition-related health outcomes.
- Medically-Supportive Food and Nutrition Services** – Includes medically tailored groceries, healthy food vouchers, and food pharmacies.

**Meal Frequency Request** (please select only one (1)):

- One (1) meal per day  
 Two (2) meals per day  
 Three (3) meals per day

**Grocery Box Request** (please select if the patient would like a grocery box in addition to meals)

- One (1) grocery box per week
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**Initial Request**

**Patient's Qualifying Condition** (please select all that apply, must meet at least one (1) to be eligible):

- Has chronic condition(s), such as but not limited to: diabetes, cardiovascular disorders, congestive heart failure, stroke, chronic lung disorders, human immunodeficiency virus (HIV), cancer, gestational diabetes or other high-risk perinatal conditions and chronic or disabling mental/behavioral health disorders.
  - Is being discharged from the hospital or a skilled nursing facility or at high risk of hospitalization or nursing facility placement.
  - Has intensive care coordination needs.
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**Extension Request**

**Patient's Medical Necessity** (please describe):

(Medical necessity for an extension would be an acute worsening of the patient's condition or the patient is at high-risk for re-developing significant illness.)