

ALAMEDA ALLIANCE WELLNESS (HMO D-SNP) NOTICE OF AVAILABILITY OF LANGUAGE ASSISTANCE SERVICES AND AUXILIARY AIDS AND SERVICES

English

ATTENTION: If you need help in your language, call **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Aids and services for people with disabilities, like documents in braille and large print, are also available. Call **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). These services are free of charge.

العربية (Arabic)

يُرجى الانتباه: إذا احتجت إلى المساعدة بلغتك، فاتصل بـ **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). تتوفر أيضًا المساعدات والخدمات للأشخاص ذوي الإعاقة، مثل المستندات المكتوبة بطريقة بريل والخط الكبير. اتصل بـ **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). هذه الخدمات مجانية.

Հայերեն (Armenian)

Ուշադրություն: Եթե Ձեզ օգնություն է հարկավոր Ձեր լեզվով, զանգահարեք **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**): Կան նաև օժանդակ միջոցներ ու ծառայություններ հաշմանդամություն ունեցող անձանց համար, օրինակ՝ Բրայլի գրատիպով ու խոշորատառ տպագրված կտրվածք: Չանգահարեք **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**): Այդ ծառայություններն անվճար են:

ខ្មែរ (Cambodian)

ចំណាំ: បើអ្នក ត្រូវ ការជំនួយ ជាភាសា របស់អ្នក សូម ទូរស័ព្ទទៅលេខ **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**)។ ជំនួយ និង សេវាកម្ម សម្រាប់ ជនពិការ ដូចជាឯកសារសរសេរជាអក្សរធំ សម្រាប់ជនពិការភ្នែក ឬឯកសារសរសេរជាអក្សរពុម្ព ក៏អាចរកបានផងដែរ។ ទូរស័ព្ទមកលេខ **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**)។ សេវាកម្មទាំងនេះមិនគិតថ្លៃឡើយ។

中文 (Chinese – Simplified)

请注意：如果您需要以您的母语提供帮助，请致电 **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**)。另外还提供针对残疾人士的帮助和服务，例如盲文和需要较大字体阅读，也是方便取用的。请致电 **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**)。这些服务都是免费的。

繁體中文 (Chinese Traditional)

请注意：如果您需要以您的母语提供的帮助，請撥打 **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**)。我們可為殘障人士提供相應的輔助設施和服務，如盲文和大字印刷體格式的文件。請撥打 **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**)。此類服務均免費提供。

فارسی (Farsi)

توجه: اگر می‌خواهید به زبان خود کمک دریافت کنید، با **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) تماس بگیرید. کمک‌ها و خدمات مخصوص افراد دارای معلولیت، مانند نسخه‌های خط بریل و چاپ با حروف بزرگ، نیز موجود است. با **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) تماس بگیرید. این خدمات رایگان ارائه می‌شوند.

हिंदी (Hindi)

ध्यान दें: अगर आपको अपनी भाषा में सहायता की आवश्यकता है तो **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) पर कॉल करें। अशक्तता वाले लोगों के लिए सहायता और सेवाएं, जैसे ब्रेल और बड़े प्रिंट में भी दस्तावेज़ उपलब्ध हैं। **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) पर कॉल करें। ये सेवाएं नि: शुल्क हैं।

Hmoob (Hmong)

CEEB TOOM: Yog koj xav tau kev pab txhais koj hom lus hu rau **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Muaj cov kev pab txhawb thiab kev pab cuam rau cov neeg xiam oob qhab, xws li puav leej muaj ua cov ntawv su thiab luam tawm ua tus ntawv loj. Hu rau **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Cov kev pab cuam no yog pab dawb xwb.

日本語 (Japanese)

注意日本語での対応が必要な場合は **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) へお電話ください。点字の資料や文字の拡大表示など、障がいをお持ちの方のためのサービスも用意しています。 **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) へお電話ください。これらのサービスは無料で提供しています。

한국어 (Korean)

유의사항: 귀하의 언어로 도움을 받고 싶으시면 **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) 번으로 문의하십시오. 점자나 큰 활자로 된 문서와 같이 장애가 있는 분들을 위한 도움과 서비스도 이용 가능합니다. **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) 번으로 문의하십시오. 이러한 서비스는 무료로 제공됩니다.

ພາສາລາວ (Laotian)

ປະກາດ: ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອໃນພາສາຂອງທ່ານໃຫ້ໂທຫາເບີ **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). ຍັງມີຄວາມຊ່ວຍເຫຼືອແລະການບໍລິການສໍາລັບຄົນພິການເຊັ່ນເອກະສານທີ່ເປັນອັກສອນນູນແລະມີໂຕຟິມໃຫຍ່ໃຫ້ໂທຫາເບີ **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). ການບໍລິການເຫຼົ່ານີ້ບໍ່ຕ້ອງເສຍຄ່າໃຊ້ຈ່າຍໃດໆ.

Mien

LONGC HNYOUV JANGX LONGX OC: Beiv taux meih qiemx longc mienh tengx faan benx meih nyei waac nor douc waac daaih lorx taux **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Liouh lorx jauv-louc tengx aengx caux nzie gong bun taux ninh mbuo wuaaic fangx mienh, beiv taux longc benx nzangc-pokc bun hlou mbiutc aengx caux aamz mborqv benx domh sou se mbenc nzoih bun longc. Douc waac daaih lorx **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Naaiv deix nzie weih gong-bou jauv-louc se benx wang-henh tengx mv zuqc cuotv nyaanh oc.

ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮਦਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਾਲ ਕਰੋ **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). ਅਪਹਜ ਲੋਕਾਂ ਲਈ ਸਹਾਇਤਾ ਅਤੇ ਸੇਵਾਵਾਂ, ਜਿਵੇਂ ਕਿ ਬੋਲ ਅਤੇ ਮੋਟੀ ਛਪਾਈ ਵਿੱਚ ਦਸਤਾਵੇਜ਼, ਵੀ ਉਪਲਬਧ ਹਨ। ਕਾਲ ਕਰੋ **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). ਇਹ ਸੇਵਾਵਾਂ ਮੁਫਤ ਹਨ।

Русский (Russian)

ВНИМАНИЕ! Если вам нужна помощь на вашем родном языке, звоните по номеру **1.888.88A.DSNP (1.888.882.3767)** (линия TTY: **1.800.735.2929**). Также предоставляются средства и услуги для людей с ограниченными возможностями, например документы крупным шрифтом или шрифтом Брайля. Звоните по номеру **1.888.88A.DSNP (1.888.882.3767)** (линия TTY: **1.800.735.2929**). Такие услуги предоставляются бесплатно.

Español (Spanish)

ATENCIÓN: si necesita ayuda en su idioma, llame al **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). También ofrecemos asistencia y servicios para personas con discapacidades, como documentos en braille y con letras grandes. Llame al **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Estos servicios son gratuitos.

Tagalog (Filipino)

ATENSIYON: Kung kailangan mo ng tulong sa iyong wika, tumawag sa **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Mayroon ding mga tulong at serbisyo para sa mga taong may kapansanan, tulad ng mga dokumento sa braille at malaking print. Tumawag sa **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Libre ang mga serbisyon ng ito.

ภาษาไทย (Thai)

โปรดทราบ: หากคุณต้องการความช่วยเหลือเป็นภาษาของคุณ กรุณาโทรศัพท์ไปที่หมายเลข **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) นอกจากนี้ ยังพร้อมให้ความช่วยเหลือและบริการต่าง ๆ สำหรับบุคคลที่มีความพิการ เช่น เอกสารต่าง ๆ ที่เป็นอักษรเบรลล์และเอกสารที่พิมพ์ด้วยตัวอักษรขนาดใหญ่ กรุณาโทรศัพท์ไปที่หมายเลข **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**) ไม่มีค่าใช้จ่ายสำหรับบริการเหล่านี้

Українська (Ukrainian)

УВАГА! Якщо вам потрібна допомога вашою рідною мовою, телефонуйте на номер **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Люди з обмеженими можливостями також можуть скористатися допоміжними засобами та послугами, наприклад, отримати документи, надруковані шрифтом Брайля та великим шрифтом. Телефонуйте на номер **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Ці послуги безкоштовні.

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu quý vị cần trợ giúp bằng ngôn ngữ của mình, vui lòng gọi số **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Chúng tôi cũng hỗ trợ và cung cấp các dịch vụ dành cho người khuyết tật, như tài liệu bằng chữ nổi Braille và chữ khổ lớn (chữ hoa). Vui lòng gọi số **1.888.88A.DSNP (1.888.882.3767)** (TTY: **1.800.735.2929**). Các dịch vụ này đều miễn phí.

Alameda Notice of Change August 2026

New Additions: **Effective 8/1/2026**

Drug	Reason	Tier	Restrictions
cladribine (10 tabs) oral tablet therapy pack 10 mg	Formulary Addition	Tier 1	PA
cladribine (4 tabs) oral tablet therapy pack 10 mg	Formulary Addition	Tier 1	PA
cladribine (5 tabs) oral tablet therapy pack 10 mg	Formulary Addition	Tier 1	PA
cladribine (6 tabs) oral tablet therapy pack 10 mg	Formulary Addition	Tier 1	PA
cladribine (7 tabs) oral tablet therapy pack 10 mg	Formulary Addition	Tier 1	PA
cladribine (8 tabs) oral tablet therapy pack 10 mg	Formulary Addition	Tier 1	PA
cladribine (9 tabs) oral tablet therapy pack 10 mg	Formulary Addition	Tier 1	PA
IDVYNZO ORAL TABLET 100-0.25 MG	Formulary Addition	Tier 1	QL
ipratropium bromide hfa inhalation aerosol solution 17 mcg/act	Formulary Addition	Tier 1	
JAKAFI XR ORAL TABLET EXTENDED RELEASE 24 HOUR 11 MG	Formulary Addition	Tier 1	PA
JAKAFI XR ORAL TABLET EXTENDED RELEASE 24 HOUR 22 MG	Formulary Addition	Tier 1	PA
JAKAFI XR ORAL TABLET EXTENDED RELEASE 24 HOUR 33 MG	Formulary Addition	Tier 1	PA
JAKAFI XR ORAL TABLET EXTENDED RELEASE 24 HOUR 44 MG	Formulary Addition	Tier 1	PA
JAKAFI XR ORAL TABLET EXTENDED RELEASE 24 HOUR 55 MG	Formulary Addition	Tier 1	PA

Alameda Notice of Change August 2026

Drug	Reason	Tier	Restrictions
RELGAABI ORAL CAPSULE 300 MG	Formulary Addition	Tier 1	ST QL
RELGAABI ORAL CAPSULE 400 MG	Formulary Addition	Tier 1	ST QL
rilpivirine hcl oral tablet 25 mg	Formulary Addition	Tier 1	QL
tacrolimus er oral capsule extended release 24 hour 0.5 mg	Formulary Addition	Tier 1	PA
tacrolimus er oral capsule extended release 24 hour 1 mg	Formulary Addition	Tier 1	PA
tacrolimus er oral capsule extended release 24 hour 5 mg	Formulary Addition	Tier 1	PA

Deletions: **Effective 8/1/2026**

Drug	Reason	Alternative
ATROVENT HFA INHALATION AEROSOL SOLUTION 17 MCG/ACT	Removed from Plan Formulary	ipratropium bromide hfa inhalation aerosol solution 17 mcg/act
EDURANT ORAL TABLET 25 MG	Removed from Plan Formulary	rilpivirine hcl oral tablet 25 mg
KISQALI FEMARA (400 MG DOSE) ORAL TABLET THERAPY PACK 200 & 2.5 MG	Removed from Plan Formulary	Please contact your doctor.
KISQALI FEMARA (600 MG DOSE) ORAL TABLET THERAPY PACK 200 & 2.5 MG	Removed from Plan Formulary	Please contact your doctor.
MAVENCLAD (10 TABS) ORAL TABLET THERAPY PACK 10 MG	Removed from Plan Formulary	cladribine (10 tabs) oral tablet therapy pack 10 mg
MAVENCLAD (4 TABS) ORAL TABLET THERAPY PACK 10 MG	Removed from Plan Formulary	cladribine (4 tabs) oral tablet therapy pack 10 mg
MAVENCLAD (5 TABS) ORAL TABLET THERAPY PACK 10 MG	Removed from Plan Formulary	cladribine (5 tabs) oral tablet therapy pack 10 mg
MAVENCLAD (6 TABS) ORAL TABLET THERAPY PACK 10 MG	Removed from Plan Formulary	cladribine (6 tabs) oral tablet therapy pack 10 mg
MAVENCLAD (7 TABS) ORAL TABLET THERAPY PACK 10 MG	Removed from Plan Formulary	cladribine (7 tabs) oral tablet therapy pack 10 mg
MAVENCLAD (8 TABS) ORAL TABLET THERAPY PACK 10 MG	Removed from Plan Formulary	cladribine (8 tabs) oral tablet therapy pack 10 mg
MAVENCLAD (9 TABS) ORAL TABLET THERAPY PACK 10 MG	Removed from Plan Formulary	cladribine (9 tabs) oral tablet therapy pack 10 mg