

# Become a CPR-Certified Caregiver

[www.advancecaregivers.org](http://www.advancecaregivers.org)

## FREE IHSS+ Alzheimer's (IN-HOME SUPPORTIVE SERVICES) PROVIDER TRAINING PROGRAM



Classes are  
online via Zoom!

GAIN SKILLS AND KNOWLEDGE TO MAXIMIZE THE CARE YOU PROVIDE THE RECIPIENT

ALAMEDA  
**Alliance**  
FOR HEALTH

**UCSF**

University of California  
San Francisco



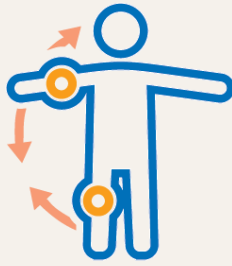
Center for  
Caregiver  
Advancement

# TRAINING PROGRAM

Classes are online via Zoom!



CPR / First Aid



Body Mechanics



Nutrition & Diet



Alzheimer's Disease



\* Stipend Upon  
Successful Graduation



Infection Control

Eligibility Requirements: To participate in this training program, you must be an IHSS caregiver in Alameda County. Your consumer must be at least 50 years old.

**CALL US Mon-Fri, 7 AM-7 PM**

**+ 1-844-725-8232**

**Contact a Team Member:**

More information: [www.advancecaregivers.org](http://www.advancecaregivers.org)

\*You must meet all stipend requirements to receive a stipend. Stipend will be provided for a limited time.