

# Alameda Alliance Wellness Measure Tip Sheet



## Statin Therapy for Patients with Cardiovascular Disease (SPC-E)

This tip sheet is part of the *Alliance Medicare Stars Guide: A Resource for Providers and Clinic Staff*. This tip sheet provides measure-specific guidance, coding tips, and documentation strategies to help clinical teams close care gaps and improve performance on HEDIS® measures tied to Medicare Star Ratings.

For questions or more information, please email the Alliance Stars Team at [DeptStarsTeam@alamedaalliance.org](mailto:DeptStarsTeam@alamedaalliance.org).

**Data Collection Methodology:** ECDS

**Measure Description:** The percentage of members with clinical atherosclerotic cardiovascular disease (ASCVD) who are dispensed and remain adherent to statin therapy.

**Measure Population (denominator):** Members 21-75 years old during the measurement year and identified as having clinical ASCVD, such as:

- Myocardial infarction (MI)
- Coronary artery bypass graft (CABG)
- Ischemic vascular disease (IVD)
- Percutaneous coronary intervention (PCI)
- Other revascularization procedure

**Measure Compliance (numerators):** Dispensed Statin (initiation): Members dispensed at least one high-intensity or moderate-intensity statin medication during the measurement year.

### High- and Moderate-Intensity Statin Medications

Category	Prescription
High-intensity	<ul style="list-style-type: none"><li>• Amlodipine-atorvastatin 40-80 mg</li><li>• Atorvastatin 40-80mg</li><li>• Ezetimibe-simvastatin 80 mg</li><li>• Rosuvastatin 20-40 mg</li><li>• Simvastatin 80 mg</li></ul>

Category	Prescription
<b>Moderate-intensity</b>	<ul style="list-style-type: none"> <li>• Amlodipine-atorvastatin 10-20 mg</li> <li>• Atorvastatin 10-20 mg</li> <li>• Ezetimibe-simvastatin 20-40 mg</li> <li>• Fluvastatin 40-80 mg</li> <li>• Lovastatin 40 mg</li> <li>• Pitavastatin 1-4 mg</li> <li>• Pravastatin 40-80 mg</li> <li>• Rosuvastatin 5-10 mg</li> <li>• Simvastatin 20-40 mg</li> </ul>

**Please Note:** Members must use their Part D pharmacy benefit to close this measure.

**Exclusions:**

- Member 66 years of age and older with advanced illness and frailty.
- Members who died at any time during the measurement year.
- Members who had any of the following during the measurement year or the year prior:
  - o Cirrhosis
  - o Pregnancy diagnosis, In vitro fertilization (IVF), or at least one (1) prescription for clomiphene
- Members who had myalgia or rhabdomyolysis caused by a statin at any time during the member’s history.
- Members who received hospice services or palliative care at any time during the measurement year.
- Members who were diagnosed with end-stage renal disease or dialysis, Myalgia, myositis, myopathy, or rhabdomyolysis during the measurement year.

**How to Improve Your Stars Performance**

- Ensure the prescription details (drug name, strength, dose, route, and date) are accurately documented.
- Encourage members to contact you if they think they are experiencing side effects from statin medication.
- Schedule appropriate follow-up to assess if medication is taken as prescribed.
- Build preventative care screening alerts in your EHR system.