

Alameda Alliance for Health
 Alliance Group Care Members
Non-Opioid Alternatives for Common Pain Conditions



At Alameda Alliance for Health (Alliance), we appreciate you and the quality health care you provide to our members. As we continue to combat the opioid epidemic, we are working to find more ways to help our members to get the right treatment at the right time.

Below are examples of non-opioid formulary medications. Some medications may require prior authorization (PA) or step therapy. Step therapy means the member will need to try a certain medication before we cover a different medication. We hope this information will be useful in treating your patients. Please note: This list does not apply to Alliance Medi-Cal members. To find out what drugs are covered for Alliance Medi-Cal members, please visit <https://medi-calrx.dhcs.ca.gov/home/cdl>.

If you have questions about this list, please call the Alliance Pharmacy Services Department at **1.510.747.4541**

Non-Opioid Formulary Medication

MEDICATION NAME	PA REQUIRED	STEP THERAPY
Acetaminophen		
Amitriptyline		
Aspirin		
Aspirin-acetaminophen-caffeine		
Butalbital-acetaminophen-caffeine		
Capsaicin 0.1% cream		
Celecoxib		
Diclofenac		
Diclofenac (Flector) 1.3% patch	Yes	
Diclofenac (Pennsaid) 1.5% solution	Yes	
Diclofenac (Pennsaid) 2% pump	Yes	
Diclofenac 1% gel		
Divalproex DR		
Duloxetine		
Gabapentin		
Ibuprofen		
Lidocaine 5% ointment		
Lidocaine 5% patch	Yes	
Meloxicam		
Naproxen		
Naratriptan tablet		
Nortriptyline		
Pregabalin		
Rizatriptan tablet		
Sumatriptan injection	Yes	
Sumatriptan nasal spray		Sumatriptan tablet
Sumatriptan tablet		
Topiramate		
Venlafaxine		
Zolmitriptan tablet		Sumatriptan tablet