



Staying Healthy Assessment To Be Retired in 2023

Alameda Alliance for Health (Alliance) values our dedicated provider partner community. We have an important update we would like to share with you.

A key current component of the Initial Health Assessment (IHA) and preventive visits is the Individual Health Education and Behavior Assessment (IHEBA). The Staying Healthy Assessment (SHA) is the IHEBA developed by the Department of Health Care Services (DHCS).

On January 1, 2023, DHCS will retire the existing requirements for the IHEBA/SHA, namely the prescribed questionnaires to be used at these initial visits and intervals thereafter.

The IHA (which in 2023 will be revised to stand for “Initial Health Appointment”) must continue to include a history of the member’s physical and behavioral health, an identification of risks, an assessment of need for preventive screens or services and health education, and the diagnosis and plan for treatment of any diseases.

For children, the elimination of the current IHEBA/SHA will not affect requirements to cover Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) screenings in accordance with the American Academy of Pediatrics (AAP)/Bright Futures periodicity schedule.

For adults, providers will continue to be required to provide all preventive screenings per Grade A and B recommendations from the United States Preventive Services Task Force (USPSTF) over the course of their care.

Questions? Please call the Alliance Provider Services Department

Monday – Friday, 8 am – 5 pm

Phone Number: **510.747.4510**

www.alamedaalliance.org