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### Measure Highlight: Well Care-Visits for Ages 3-21





### **Agenda**

- 1) Background, Focus & Objectives
- 2) Measure Descriptions
  - a) What counts for HEDIS®
  - b) Best & Promising Practices
- 3) Sharing Best Practices: Bancroft Pediatrics
- 4) Resources & Open Discussion



### **Today's Measures**

- Well-Child Visits, ages 3-21
- Initial Health Appointment (IHA)
- Immunizations for Adolescents Combination 2 (IMA-2)
- Topical Fluoride for Children (TFL-CH)
- Depression Screening and Follow-Up for Adolescents and Adults (DSF)



### **Objectives**

At the end of this webinar, you will be able to:

- Have a better understanding of the measure expectations.
- Walk away with tactics to promote preventive measures.
- Identify best and promising practices that can be used in your clinics.



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### Mission

Improving the health and well-being of our members by collaborating with our provider and community partners to deliver high quality and accessible services.

### **Vision**

All residents of Alameda County will achieve optimal health and well-being at every stage of life.



### **Background**

- CA Governor Newsom's focus: preventive health for children
- DHCS increased accountable measures related to children
- DHCS's Goals:
  - Close racial/ethnic disparities in well-child visits and immunizations by 50%.
  - Ensure all health plans exceed the 50<sup>th</sup> percentile for all children's preventive care measures.

### Why Well-Care Visits?



- Monitor child's growth & development.
- Provides opportunity for vaccinations, screenings, applications, and other important resources.
- Early detection of health concerns.
- Monitoring chronic conditions.
- Preventative Care guidance on nutrition, exercise and safety measures.
- Parental guidance and education.
- > Builds a relationship with Healthcare Providers.

### **Measure Descriptions**

Definitions, Billing Codes, HEDIS® Practices, and Best & Promising Practices





## **Child and Adolescent Well-Care Visits (WCV)**

% of children, 3-21 y/o, who had at least one (1) comprehensive well-care visit with a primary care provider (PCP) or an obstetrics and gynecology (OB/GYN) practitioner during 2024.

#### What counts for HEDIS®?

- One (1) well-care visit must occur annually; does not have to be an exact 365 days from the previous well-care visit.
- Well-care visit must be conducted by a PCP or OB/GYN

#### Reminder:

- All well-care visits are reimbursed in this age range.
- PCP who performs the well-care visit does not have to be the member's assigned PCP.

### **Initial Health Appointments (IHA)**



#### Requirements

Complete within 120 days of enrollment.

- Excludes members who completed an IHA within 12 month prior to enrollment.
- Requires a minimum of 2 documented outreach attempts.

#### **Elements**

- A history of the Member's physical and mental health
- An identification of risks
- Preventative Services recommended by USPSTF
- Health education
- The diagnosis and plan for treatment of any diseases

Telehealth visits are counted for IHA with a Place of Service Code 02 or Modifier 95.

Provider	CPT Codes	Z Codes	Description
Behavioral Health	96156		Health behavior assessment, or re-assessment (i.e., health-focused clinical interview, behavioral observations, clinical decision making)
OB/Gyn	59400, 59425, 59426, 59430, 59510, 59610, 59618	Z1000, Z1008, Z1020, Z1032, Z1034, Z1036, Z1038	Under vaginal delivery, antepartum and postpartum care procedures, under cesarean delivery procedures, under delivery procedures after previous cesarean delivery, under delivery procedures after previous cesarean delivery
PCP	99202-99205, 99461	Z1016	Office or other outpatient visit for the evaluation and management of new patient
PCP	99211-99215	Z00.01, Z00.110, Z00.111, Z00.8, Z02.1, Z02.3, Z02.5	Office or other outpatient visit for the evaluation and management of an established patient with PCP but new to the Alliance
PCP	99381-99387		Comprehensive preventive visit and management of a new patient
PCP	99391-99397		Comprehensive preventive visit and management of an established patient with PCP but new to the Alliance

# Immunizations for Adolescents Combination 2 (IMA-2)



% of adolescents, 13 y/o, who had the following vaccine doses by their thirteenth birthday:

Vaccine	What counts for HEDIS®
<b>Tdap</b> Tetanus, diphtheria acellular pertussis	At least one (1) Tdap vaccine with a date of service on or between the member's 10 <sup>th</sup> and 13 <sup>th</sup> birthdays.
Meningococcal  Meningococcal  serogroups A, C, W, Y	At least one (1) meningococcal serogroups A, C, W, Y vaccine, with a date of service on or between the member's 11 <sup>th</sup> and 13 <sup>th</sup> birthdays.
HPV Human papilloma virus	Two Dose Vaccine: At least two (2) vaccines on or between the member's 9th and 13th birthdays with different dates of service at least 146 days apart.
	<u>OR</u>
	Three Dose Vaccine: At least three (3) vaccines on different dates of service at least 14 days apart and on or between the member's 9 <sup>th</sup> and 13 <sup>th</sup> birthdays.

### **IMA-2** and CAIR



### California Immunization Registry (CAIR)

- <u>Bill AB 1797</u>: Providers who administer vaccines are required to enter immunization information into CAIR.
- <u>Purpose</u>: Enter historical vaccines, whether given by your site or by another provider, into CAIR.
- CAIR Resources:
  - CAIR FAQ on AB 1797: <a href="https://www.cdph.ca.gov/Programs/CID/DCDC/CAIR/Pages/AB1797-Registry-FAQs.aspx">https://www.cdph.ca.gov/Programs/CID/DCDC/CAIR/Pages/AB1797-Registry-FAQs.aspx</a>
  - CAIR User Guide:
     <a href="https://www.cdph.ca.gov/Programs/CID/DCDC/CAIR/Pages/CAIR-Training-Guides.aspx">https://www.cdph.ca.gov/Programs/CID/DCDC/CAIR/Pages/CAIR-Training-Guides.aspx</a>



# Topical Fluoride for Children (TFL-CH)

% of children, 1-20 y/o, who received at least two (2) topical Fluoride Varnish (FV) applications in 2024.

#### What counts for HEDIS®?

▶ Must have two (2) FV applications, in the year, to count as completed.

### **Best & Promising Practices**

- Conduct while patient is waiting for well-visit.
- Application can be conducted by Medical Assistants.
- Integrate billing code(s), for ages 1-5 y/o, into EMR/EHR: CPT 99188
  - Current Dental Terminology (CDT) Codes: D1206 or D1208; include proper taxonomy code for dental services.
- Refer patient to <u>Denti-Cal providers</u>.

### **TFL-CH**



### **Continued: Best & Promising Practices**

- Promote oral health & FV application during Prenatal visits.
- Oral health education for staff and patients.

### **Alameda County Office of Dental Health**

- Free Training
  - **Phone:** (510) 208-5910
  - Email: <u>dentalhealth@acgov.org</u>

#### **Alliance Incentive**

- Details are forthcoming.



# Depression Screening and Follow-up for Adolescents and Adults (DSF)

% of members, 12 y/o+, who were screened for clinical depression using standardized instrument and, if screened positive, received follow-up care.

- Depression Screening: The % of members who were screened for clinical depression using a standardized instrument.
- ► Follow-up on Positive Screening: % of members who received follow-up care within 30 days of a positive depression screen finding.

### **DSF**



### What counts for HEDIS®? Age-Appropriate Screening Instruments

Instruments for Adults (18+ years)	<b>Total Score LOINC Codes</b>	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥ 10
Patient Health Questionnaire-2 (PHQ-2)®1	55758-7	Total score ≥ 3
Beck Depression Inventory-Fast Screening (BDI-FS)®1,2	89208-3	Total score ≥ 8
Beck Depression Inventory (BDI-II)	89209-1	Total score ≥ 20
Center for Epidemiologic Studies Depression Scale - Revised (CESD-R)	89205-9	Total score ≥ 17
Duke Anxiety - Depression Scale (DUKE-AD)® <sup>2</sup>	90853-3	Total score ≥ 30
Edinburgh Postnatal Depression Scale (EPDS)	48544-1	Total score ≥ 10
My Mood Monitor (M-3)®	71777-7	Total score ≥ 5
PROMIS Depression	71965-8	Total score (T Score) ≥ 60
Clinically Useful Depression Outcome Scale (CUDOS)	90221-3	Total score ≥ 31

Instruments for Adolescents (≤17 years)	<b>Total Score LOINC Codes</b>	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥ 10
Patient Health Questionnaire Modified for Teens (PHQ-9M)®	89204-2	Total score ≥ 10
Patient Health Questionnaire-2 (PHQ-2)®1	55758-7	Total score ≥ 3
Beck Depression Inventory-Fast Screening (BDI-FS)®1,2	89208-3	Total score ≥ 8
Center for Epidemiologic Studies Depression Scale - Revised (CESD-R)	89205-9	Total score ≥ 17
Edinburgh Postnatal Depression Scale (EPDS)	71354-5	Total score ≥ 10
PROMIS Depression	71965-8	Total score (T Score) ≥ 60

<sup>&</sup>lt;sup>1</sup> Brief screening instrument. All other instruments are full-length.

<sup>&</sup>lt;sup>2</sup> Proprietary; may be cost or licensing requirement associated with use.

### **DSF**



### What counts for HEDIS®? Follow-Up

- Any of the following **on or up to 30 days** after the first positive screen:
  - Follow-up visit: An outpatient, telephone, e-visit or virtual check-in with a diagnosis of depression or other behavioral health condition.
  - <u>Depression Case Management Encounter</u>: Document assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition.
  - Behavioral Health Encounter: Includes assessment, therapy, collaborative care or medication management.
  - Medication: A dispensed antidepressant medication.

#### OR

- Documentation of a negative finding from another screening instrument, on the same day as a positive screening, qualifies as evidence of followup.
  - <u>Example</u>: if there is a positive screen resulting from a PHQ-2 score, documentation of a negative finding from a PHQ-9 performed on the same day counts as a follow-up.



Jennie Baldwin, LVN Clinical Resource Manager





Performance for Child and Adolescent Visit Measure

### Acknowledgement

ubcp.org

Dr. Rhew

**UBCP** Bancroft Pediatrics

Go Dragons





### Agenda

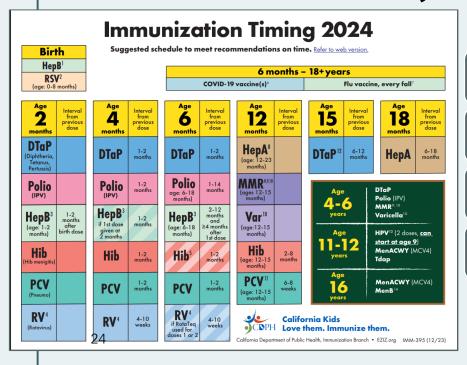
- Culture and Foundation
- Physicals
- Administration Policy
- Tools

### Culture and Foundation



- Communication
  - Huddles
- Morale and FOOOOOD
  - Best practices
  - Workflow adjustments
- Incorporating feedback often
  - Cross training
  - 1:1 with direct reports
    - Policy review often

### **Administration Policy**



Follow CDC- recommended schedule

NPE, very transparent with our immunization policy and discuss plans for vaccinating

Introduction to CAIR-ME in California

Staff are trained on immunizations

### Well Visits



#### Recommendations for Preventive Pediatric Health Care

Bright Futures/American Academy of Pediatrics



Each child and family is unique; therefore, these Recommendations for Preventive Pediatric Health Care are designed for the care of children who are receiving narturing pasenting, have no mainletations of any important health supplems, and are growing and developing in a satisfactory shaftning. Developmental, polychosocial, and rehabition. Developmental, polychosocial, and rehabition. Control and inclination of the control and inclination of the control and inclination of the care of children who are receiving nutruling parenting, have no manifestations of any important health problems, and are growing and developing in a satisfactory (ashino. Developmental, psychosocial, and chronic disease issues for children and adolescents may require more frequent counciling and treatment visits separate from preventive care visits. Additional visits also may become necessary if circumstances suggest concerns.

These recommendations represent a consensus by the American Academy of Pediatrics (AAP) and Bright Futures. The AAP continues to emphasize the great importance of continuity of care in comprehensive health supervision and the need to avoid fragmentation of care.

The recommendations in this statement do not indicate an exclusive course of treatment or serve as a standard The Bright Futures/American Academy of Pediatrics Recommendations for Preventive Pediatric Health Care are

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				INFANCY				$\neg$			FARIY	CHILDHOOD						AIDDLE C	HILDHOOD	,						AD	OLESCENC					_
AGE1	Prenatal <sup>2</sup>	Newborn <sup>1</sup>			2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo		3 y	4v	5 y		7 y	8 y	9 y	10 y	11 y	12 y	13 y	14 y	15 y	16 y	17 y	18 y	19 y	20 y	21
HISTORY Initial/Interval									•					•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
MEASUREMENTS					+	_	_									_											_		_		_	-
Length/Height and Weight		•	•	•			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•		
Head Gircumference		•	•	•		•	•	•	•	•	•	•																				
Weight for Length		•	•				•	•	•	•	•					-																-
Body Mass Index <sup>a</sup>												•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
Blood Pressure*		*	*	*	*	*	*	*	*	*	*	*	*	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
SENSORY SCREENING																																-
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Developmental Screening <sup>13</sup>								•			•		•																			$\top$
Autism Spectrum Disorder Screening <sup>13</sup>											•	•																				$^{+}$
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Behavioral/Social/Emotional Screening <sup>14</sup>		•	•	•			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	۰
Tobacco, Alcohol, or Drug Use Assessment <sup>18</sup>					_					_						_						*	*	*	*	*	*	*	*	*	*	۰
Depression and Suicide Risk Screening <sup>16</sup>					-																		•	•	•	•	•	•	•	•	•	t
PHYSICAL EXAMINATION**		•	•	•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	۰
PROCEDURES <sup>18</sup>					-																									-		т
Newborn Blood		<b>●</b> 19	→ 30		<b>+</b>																											т
Newborn Bilirubin <sup>21</sup>		•																														t
Critical Congenital Heart Defect <sup>22</sup>		•			-																											t
Immunization <sup>28</sup>		•	•	•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	t
Anemia <sup>24</sup>					-	*			•	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	۰
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Hepatitis B Virus Infection**		*-																														#
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ANTICIPATORY GUIDANCE	•	•	•	•			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•			•	•	•	•		+

- 1. Fa child comes under care for the first time at any posit on the schedule, or if any times are not accomplished at the earliest possible time.

  3. Some per "Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolicized Normality (p. 10 date at the earliest possible time.

  3. Prevental virties recommendated for persists and one of the times and patient of the persists, and of the threat the prevention, and of the persists, and of the threat the supposition of the persists, and of the threat the persists and planned method of feeding per "The Prevaltal Virtie" (previous Significant) improves a persistent of the persists and planned method of feeding persists and planned persists and planned method of feeding persists and planned method of f

### Well Visits

	<u>F</u> uture	<u>P</u> ast	A <u>c</u> tive I	Requests	Final	i <u>z</u> ed Requests					
		Encounte	r Date	Time	Ар	Status	Visit Type	VISIT MODE	Provider	Dept	Appt Notes
		3/12/2024	4 Tue	9:30 AM	30	Comp	WELL VISIT [3621]	In Person [1]	Darcy Elizabeth Grant [77842]	BCRFT [7002000]	Rm5 WB 15MO
		6/12/2024	4 Wed	9:00 AM	30	Sch	WELL VISIT [3621]	In Person [1]	Darcy Elizabeth Grant [77842]	BCRFT [7002000]	18months
ľ		•		•							

- MA's scheduling next visit prior to leaving for the next recommended visit Ensure they are on schedule for vaccines and screenings
- Policy in place to ensure that when we notice that patients have not had a PE in the last year, we limit the additional offerings that we provide (school forms / medication refills) until they have their PE.

### **Appointment Reminders**

- Text reminders through WellHealth
- Confirmation calls the day before
  - Arrive 15 mins early for check in and screening forms
  - Sick symptom screenings
  - Reschedules

confirmed w/ mom-EN WB 2 MO
WCC 15mth *CONFIRMED-OG
Ear Pain X2days (no other symptoms per mom)
PE 17 YR-CONFIRMED MOM

### TOOLS

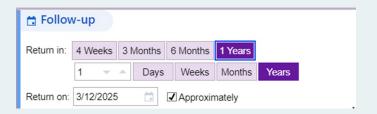
### MA NOTES

```
Medical Assistant Progress Note
Tuberculosis Screening Questionnaire Done (Specialty Tools): {YES/NO (DEFAULT YES):23573}
PEARLS DONE (At 15 months and 2 years): {yes/no/na:29289}
SWYC DONE (18 months / 30 months): {yes/no/na:29289}
MCHAT DONE (18 months / 24 months): {yes/no/na:29289}
SHA DONE (if Medi-Cal; at 15 months and 2 years): {yes/no/na:29289}
Hemoglobin DONE: (12 mo/24 mo) {yes/no/na:29289}
Lead DONE: (12 mo/24 mo) {yes/no/na:29289}
DENTAL
Has teeth: {yes no:314532}
Patient has own dentist: {Yes or No:22831}
Did the child see a dentist in the last 12 months: {Yes or No:22831}
If the child does not have a dentist, referral information was given to family: {yes/no/na:29289}
Has received fluoride in the past: {Yes or No:22831}.
Fluoride Varnish Applied: {yes/no/na:29289}
```

AGE	FORMS TO GIVE
3-5 DAYS	PHQ FOR ALL MOMS (MA GIVES)
1 MONTH	ACES (ALL PARENTS) & PHQ9 TO MOM (MA GIVES BOTH FORMS)
2 MONTHS	PEARLS & PHQ FOR MOM (MA GIVES)
4 MONTHS	PEARLS (IF NOT GIVEN AT 2 MONTHS) & PHQ9 FOR MOM (MA GIVES)
6 MONTHS	SHA
9 MONTHS	SWYC
12 MONTHS	NOTHING
15 MOTNHS	SHA & PEARLS
18 MONTHS	SWYC & MCHAT
24 MONTHS	SHA, PEARLS, MCHAT
30 MONTHS	SWYC
3-11 YEARS	SHA & PEARLS
12+ YEARS	SHA, PEARLS & PHQ9 (MA GIVES)

AGE	MEASUREMENTS	H.O.'s &SCREENS	IMMUNIZATIONS
2-5 DAYS	HT, WT, H.C. Temp	Breastfeeding questionnaire	Hep BRecombivax *If not done at birth
2 WEEKS	HT, WT, H.C. Temp	Edinberg Post-partum Depression Vitamin D handout	
4 WEEKS	HT, WT, H.C. Temp	Edinberg Post-partum Depression (if not done at 2 weeks or if repeat screening needed) Immunization handout TB Screening	
2 MONTHS	HT, WT, H.C. Temp	PEARLS Maternal PHQ-2	Hep B/DTap/HIB/IPVVaxelis PCV20Prevnar 20 RotavirusRotateq
4 MONTHS	HT, WT, H.C. Temp	Maternal PHQ-2	Hep B/DTap/HIB/IPVVaxelis PCV20Prevnar 20 RotavirusRotateq
6 MONTHS	HT, WT, H.C. Temp	PEARLS Maternal PHQ-2 Lead screening questions TB Screening	Hep B/DTap/HIB/IPV
9 MONTHS	HT, WT, H.C. Temp	SWYC Lead Screening Questions	Flu #2 PRN
12 MONTHS	HT, WT, H.C. Temp	Lead, Hemoglobin blood test TB Screening Dental Screening	MMRMMRII VaricellaVaricella Hep AVagta
15 MONTHS	HT, WT, H.C. Temp	PEARLS Lead Screening Questions Dental Screening Questions	HIBACTHIB PCV15Vaxneuvance
18 MONTHS	HT, WT, H.C. Temp	SWYC front page only and MCHAT-R TB Screening Dental Screening Questions and Varnish	Hep A
2 YEARS	HT, WT, H.C. Temp	SWYC front page only and MCHAT-R PEARLS TB Screening Lead Screening Questions Dental Screening Questions and Varnish Lead, Hemoglobin	
2 YEARS, 6 MONTHS	HT, WT Temp	SWYC front page only and PEARLS Dental Varnish (2.5 years)	

### Recalls and "Work the Q"



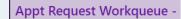
Specific recalls

4/11 year olds March to get in at summer

End of year, general recall for families of missed PE's

Running reports for missing Health Maintenance topics

(WCC, FLU)



Create Dt	Req Appt Dt	Procedure/Visit Type	Status	# Calls to Sched MyC Status	Requesting Clinician	Creation Dept
12/22/2023	03/22/2024	New Request	Needs Scheduling	1 Activated	DENENBERG, LAU	CC UBCP BANCROFT PEDS
05/05/2023	11/05/2023	New Request	Needs Scheduling	1 Activated	DENENBERG, LAU	CC UBCP BANCROFT PEDS
11/02/2023	05/02/2024	New Request	Needs Scheduling	1 Activated	CHAU, CLARA SY	CC UBCP BANCROFT PEDS

### No Show Recall List

U3/11/2024 11:00 AM	. Darcy Elizabeth Grant	BCKFT	No Show
03/11/2024 2:00 PM	Darcy Elizabeth Grant	BCRFT	No Show
03/11/2024 3:30 PM	Darcy Elizabeth Grant	BCRFT	No Show
03/11/2024 4:00 PM	Darcy Elizabeth Grant	BCRFT	No Show
03/11/2024 4:30 PM	Darcy Elizabeth Grant	BCRFT	No Show
03/11/2024 4:15 PM	. MA - UBCP BANCROFT	BCRFT	No Show

Medical Assistants make a notable effort to recall a patient back for missed appointments weekly.

@NAME@ is a @AGE@ @SEX@
No showed to appointment with Dr. \*\*\* on \*\*\*
Attempted to call parent/guardian to reschedule: {YES NO (DEFAULT NO):20802}
Appointment rescheduled: {YES NO (DEFAULT NO):20802}
No show letter #\*\*\* mailed to address on file\* and \*sent through MyChart MD notified.

Thank you





# We would appreciate your feedback on today's webinar:

https://www.surveymonkey.com/r/WM2GTBB





### **Open Discussion & Questions**

- What barriers are you facing with these measures?
- How can the Alliance support your clinic's barriers?
- Are there any best and promising practices you'd like to add?

**Feedback Survey QR Code:** 





### Thanks!

You can contact us at:



**Feedback Survey QR Code:** 



### Resources





### **Measure Highlight Series**

Target Audience: All Primary Care Clinics.

<u>Times</u>: Noon − 1 p.m.

### <u>Dates & Registration Links</u>:

- > 05/01/2024: Cancer Prevention Measures
- > 05/15/2024: **W30 Measures**

### **EPSDT Training**



### Early and Periodic Screening, Diagnostic, and Treatment Services (EPSDT) Benefit and Services:

- New mandatory provider training for Pediatric and Family Medicine Providers.
- Frequency: Providers must complete the training no less than once every two (2) years.
- Training Location: Alliance's <u>Training & Technical Assistance Opportunities</u> webpage.
- EPSDT Town Hall's: Registration Link

Town Hall Dates	Times
March 12, 2024	12 pm – 1 pm
March 14, 2024	12 pm – 1 pm
May 21, 2024	12 pm – 1 pm
May 23, 2024	12 pm – 1 pm

### **Equity Approaches**



### **Approaches to Increase Access**

- Review well-visit measure completion rate factors.
- Screen for health-related social needs.
- Design patient information to be culturally/linguistically appropriate.
- Involve patients and their family members in decision-making.
- Leverage shared decision-making, teach-back and motivational interviewing tools.
- Partner with local community resources.
- Utilize Community Health Workers (CHW).



### **Health Education**

### Patient Health & Wellness Education

- Live Healthy Library: online materials and links
- Provider Resource Guide:
   health programs and
   community resources
- Wellness Program &Materials Request Form:request mailed materials



#### Alliance FOR HEALTH

Request mailed care books like this one via the Wellness Program & Materials Request Form.

### Reports

### Alliance FOR HEALTH

### **Gap in Care Lists**

- HEDIS Measures
- Initial Health Appointment (IHA)
- Emergency Department Utilization

### **Project Support**

### **Quality Improvement Team**

- Project Management
  - Contact: <u>DeptQITeam@alamedaalliance.org</u>