



**Alameda Alliance for Health**

1240 South Loop Road  
Alameda, CA 94502

Phone Number: **510.747.4567**

Toll-Free: **1.877.932.2738**

People with hearing and speaking  
impairments (CRS/TTY): **711/1.800.735.2929**

**[www.alamedaalliance.org](http://www.alamedaalliance.org)**

**Welcome to the Alameda Alliance for Health  
Medi-Cal Program**

Dear Member or Parent/Guardian:

Thank you for choosing Alameda Alliance for Health (Alliance) as your/your child's health plan. Our goal is to help our members get the best health care possible. Please read the items in this packet. They tell you about how this health plan works. Your member ID card will arrive by mail soon.

**Things you need to do this month:**

**1. Choose a doctor.**

We want your doctor to be your choice. However, if you do not choose a doctor by the end of the month, the Alliance must choose one for you. Please call the Alliance Member Services Department at **510.747.4567** and tell us which doctor you chose.

Important: You do not need to choose an Alliance Medi-Cal doctor if you have Medicare. You may choose one if you want.

**2. Schedule a well exam with the doctor.**

See yours or your child's doctor within **120 days** of becoming a member. Pregnant women need early and frequent care. Call your doctor to find out when you should be seen.

If you have any questions about your plan, please call:

**Alliance Member Services**

Monday – Friday, 8 am – 5 pm

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**Save Time – Use the Member Portal 24/7**

Choose your doctor, order or print a new ID card, update your contact information, and get other services. Sign up at **[www.alamedaalliance.org](http://www.alamedaalliance.org)** to create your member log-in and member account.

Best of Health,  
Alliance Member Services Department

If you need help reading this document, please call the Alliance Member Services Department at **510.747.4567**.

Si necesita ayuda para leer este documento, llame al Departamento de Servicios al Miembro de Alliance al **510.747.4567**.

假如您看不懂本文件，需要協助或其他語文版本，請致電Alliance成員服務部，電話**510.747.4567**。  
Nếu quý vị cần giúp đỡ đọc tài liệu này, xin gọi Ban Dịch Vụ Hội Viên Alliance tại số **510.747.4567**.