



Preventive Guidelines Update, April 2019 Children and Adolescents

At Alameda Alliance for Health (Alliance) we value our community of dedicated provider partners. We have an important notice that we would like to share with you.

The Alliance requires that all network and delegate providers follow the most current Preventive Care Guidelines.

Preventive Care

For Alliance members 21 years of age and under, the Alliance adheres to the most recent Bright Futures/American Academy of Pediatrics (AAP) Recommendations for Preventive Pediatric Health Care. This is a schedule of screenings and assessments recommended at each well-child visit from infancy through adolescence.

To view the full periodicity schedule, please visit www.aap.org/periodicityschedule.

Summary of changes made to the 2019 Recommendations:

BLOOD PRESSURE

- Footnote 6 has been updated to read as follows: **Screening should occur per 'Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents.'** Blood pressure measurement in infants and children with specific risk conditions should be performed at visits before age 3 years.

ANEMIA

- Footnote 24 has been updated to read as follows: **Perform risk assessment or screening, as appropriate, per recommendations in the current edition of the AAP *Pediatric Nutrition: Policy of the American Academy of Pediatrics* (Iron chapter).**

LEAD

- Footnote 25 has been updated to read as follows: **For children at risk of lead exposure, see 'Prevention of Childhood Lead Toxicity' and 'Low Level Lead Exposure Harms Children: A Renewed Call for Primary Prevention'.**

Immunizations

Child and Adolescent Immunization Schedule (18 years of age or younger)

The Alliance covers immunizations according to the immunization schedule recommended by the Advisory Committee on Immunization Practices (ACIP) and approved by the Centers for Disease Control and Prevention (CDC), American Academy of Pediatrics (AAP), American Academy of Family Physicians (AAFP), and American College of Obstetricians and Gynecologists (ACOG).

For changes regarding Influenza, Hepatitis A & B, Meningococcal B, Polio, and Tdap vaccines, please visit www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html.

Please see attached table for a schedule summary.

Questions? Please call Alliance Health Programs
Monday – Friday, 9 am – 5 pm
Phone Number: **1.510.747.4510**
www.alamedaalliance.org