



# MENTAL HEALTH SERVICES FOR ALAMEDA ALLIANCE MEMBERS

What primary care physicians need to know

**Beacon Health Strategies** is the behavioral health partner of Alameda Alliance. Use this information to access mental health services for the Alameda Alliance's Medi-Cal members.

Beacon covers **individual and group therapy, psychiatric consultation and psychological testing** for Alameda Alliance members with mild to moderate impairments. Members do not need a primary care physician (PCP) referral to access mental health services, but must undergo a brief screening by phone to ensure their condition is mild to moderate. If the Medi-Cal member's condition is severe, Beacon will assist in transitioning the member to Alameda County Behavioral Health Care Services (BHCS) for care.

## CALL BEACON AT 855.856.0577 TO:

- ▶ Get information on available mental health services
- ▶ Locate mental health providers
- ▶ Get help making a routine or urgent appointment
- ▶ Check a member's benefits and eligibility
- ▶ Get decision support related to prescribing psychiatric medications from a Beacon psychiatric advisor
- ▶ Request support coordinating a member's care
- ▶ Learn about mental health care treatment services offered by Alameda County BHCS.



### NOTE

Emergency and acute services, such as hospital care, crisis response, and rehabilitation programs continue to be provided by Alameda County BHCS.

## CONTACT

When you call Beacon, let us know that you are a PCP or that you're calling on behalf of a PCP. Our staff will help you immediately or connect you with a clinician, if needed. If you call outside of business hours, you will be automatically transferred to our clinical service team for urgent concerns.

Call Beacon at **855.856.0577**

or

Fax a referral. Find the form at

[alamedaalliance.org/providers/resources](http://alamedaalliance.org/providers/resources).

Find other resources in the PCP Toolkit at

[www.beaconhealthstrategies.com](http://www.beaconhealthstrategies.com)