

 **PROVIDER REQUEST FORM - ALLIANCE WELLNESS PROGRAMS & MATERIALS**

Please check off the topics that you want us to send your patients covered by Alameda Alliance for Health (Alliance). All Alliance wellness materials and programs are free for members. You can also request the materials in other formats. Many handouts can be downloaded at [www.alamedaalliance.org](http://www.alamedaalliance.org).

 **BOOKS**

- Cookbook:
  - Diabetes
  - Healthy Eating
- What to do When Your Child Gets Sick

 **CLASSES & PROGRAM REFERRALS**

- Asthma
- Alcohol and Other Substance Use
- Breastfeeding Support
- CPR/First Aid
- Diabetes
- Healthy Weight
- Heart Health
- Parenting
- Pregnancy and Childbirth
- Quit Smoking  
*(Member consents for Smoker's Helpline to call them)*
- Senior Centers/Programs
- Weight Watchers

 **MEDICAL ID BRACELETS OR NECKLACE**

- Allergy
- Asthma
- Diabetes
- Other (list): \_\_\_\_\_

 **WRITTEN MATERIALS**

- Advanced Directive (medical power of attorney)
- Alcohol and Other Substance Use
- Asthma:
  - Adult
  - Child
- Back Care
- Birth Control and Family Planning
- Breastfeeding
- Car Seat Safety
- Diabetes
- Domestic Violence
- Exercise:
  - General
  - Resistance Bands
- Healthy Eating
- Heart Health
- Parenting and Discipline
- Pregnancy and Childbirth
- Quit Smoking
- Safety:
  - Adult
  - Baby
  - Child
  - Senior
- Sexual Health
- Stress and Depression

Provider Name: \_\_\_\_\_ Provider Clinic: \_\_\_\_\_

Provider Phone: \_\_\_\_\_ Provider Fax: \_\_\_\_\_

Member Name: \_\_\_\_\_ Alliance ID Number: \_\_\_\_\_

Address to Mail Materials to: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Language Preferred:  Chinese  English  Spanish  Vietnamese

**To order, fax this form to:**

Alliance Health Programs • 1240 South Loop Road, Alameda, CA 94502

Fax: **1.877.813.5151** • Phone Number: **510.747.4577**

Email: [livehealthy@alamedaalliance.org](mailto:livehealthy@alamedaalliance.org)